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Pan Arab Orthopaedic Association







ORTHOPAEDIC AND TRAUMATOLOGY ASSOCIATION OF MACEDONIA AND THRACE







Welcome Address

Dear colleagues,

Welcome to Thessaloniki for the **7th Meeting of the International Mediterranean Society of Orthopaedic Surgery** that will be held on the **22-24 of March 2018**. Thessaloniki was founded in 315 BC by Cassander of Macedon and is the second largest city of Greece with a long history and rich culture.

Together with the chairman of the International Mediterranean Society of Orthopaedic Surgery, Professor Jean - Noel Argenson, we are eager to present an exciting educational and scientific program combined with extraordinary social events. The academic program includes a wide range of orthopaedic topics that allow every attendant to enjoy the high standard didactic lectures from experienced orthopaedic surgeons that come from Europe, Mediterranean countries as well as different Arabic countries.

This meeting will give the opportunity to the attendees from different countries to meet, share, interchange ideas, and display their own surgical orthopaedic experiences.

Presentations, posters and research papers are encouraged to be presented by orthopaedic surgeons, residents and researches. Awards will be given to the top presentations or research investigators.

Please plan to attend and bring your families, as there will be a great social calendar that allows you to enjoy the sights and sounds of our beautiful city and to experience the worldwide known Greek Mediterranean hospitality.

I am confident that attendees will experience an exciting and interesting academic program and together with their families will appreciate the Greek ameneties, the variety of social activities and the welcoming atmosphere.

I look forward seeing you in this 7th meeting of the International Mediterranean Society of Orthopaedic Surgery and I welcome you to Thessaloniki.

Kind Regards

Chaiman of the Meeting **Fares E. Sayegh** MD., PhD. Professor in Orthopaedic and Musculoskeletal Trauma Aristotle University of Thessaloniki-Greece President of the International Mediterranean Society of Orthopaedic Surgery Professor **Jean - Noel Argenson** MD., PhD Hospital Sainte-Marguerite Marseilles, France



Committees

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Scientific Committee

Alemdaroglu K. B. Aydogan N. H. Bisbinas I. Digas G. Drosos G. Eleftheropoulos A. Ioannidis G. Iosifidis M. Karanikolas A. Macheras G. Potoupnis M. Sarris I. Tilkeridis K. Tsiridis E.

Ortho Mare Nostrum

Aramburo F. Aubaniac JM. BenGhachem M. Denaro E. Jawish R. Karrakchou S. Mazloum H. MBarek M. Wahbi S.

Organizing Committee

Argenson J. N. Chamseddine Al. Karrakchou S.

Local Organizing Committee

Adam S. Beslikas Th Ditsios K. Feroussis J. Galanis N. Givissis P Gouvas G. Ioannidis G. Kenanidis E. Kessidis E. Makris V. Michailidis G. Papadopoulos P. Petsatodis G. Potoupnis M. Sarris I. Topalis Ch. Tsiridis E. Tzavellas A.



No.

08.00-09.00 ORAL PRESENTATIONS

09.00-10.00 ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW "DISTAL RADIUS FRACTURES" Chairmen: I. Sarris, I. Alafropatis

Surgical anatomy and biomechanics: the three columns **D. Kitridis**

When to plate a distal radius fracture? **E. Kosmas**

Why do surgeon fear the dorsal approach? **D. Stamiris**

Soft tissue injury: Is it important? **P. Athanasiadou**

10.00-10.15 LECTURE

Chairmen: **TBA**

Is the diosal approach of the distal redial fractures still useful? **P. Givissis**

10.15-10.30 LECTURE

Chairmen: TBA

The intra-focal pinning for dorsally displaced distal radius fractures **A. Chamseddine**

10.30-10.45 LECTURE

Chairmen: TBA

Metatarsalgia. Investigation **A. Konstantinidis**



Program

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10.45-11.30	ROUND TABLE
	CHALLENGES IN ORTHOPAEDIC ANESTHESIOLOGY
	Chairmen: E. Gkoutziomitrou, M. Varveri
	The role of Tranexamic acid in orthopaedic patients hip ${\mathbb R}$ knee arthroplasty. Transfusion, blood loss and the role of tranxaemic acid
	V. Chasapidis
	Orthopaedic patient positioning and anesthesia P. Ntouma
	Orthopaedic Anesthesiology E. Copuroglu
11.30-12.00	Coffee Break
12.00-12.50	ROUND TABLE
	PROBLEMS IN THE ELDERLY Chairmen: M. Potoupnis, K. Papavasileiou
	Risk assessment instruments for screening bone mineral density in a Mediterranean population S. Christodoulou
	Sarcopenia and falls in the elderly Ch. Zidrou
	Biphosphanate fractures N.H. Aydogan
12.50-13.35	ROUND TABLE
	SPORTS MEDICINE Chairman: A. Deligiannis, G. Gouvas
	Muscle adapatations to exercise in health and disease K. Dipla
	Health consequences of doping substances N. Koutlianos
	Preparticipation screening in athletes

E. Kouidi

Thursday, March **22nd 2018**



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13.35-14.35 ROUND TABLE

COMMON KNEE PROBLEMS IN THE YOUNG AGE. HOW TO MANAGE Chairmen: S. Papastergiou, N. Galanis

Patellofemoral joint, ACL and malalignment **M. losifidis**

Reconstruction of the PCL **D. Alaseyrlis**

Medial Patellofemoral Ligament (MPFL), reconstruction with Hamstring tendon

I. Michos

Anterior Cruciate Ligament Functional Failure. "Stiffness" **P. Nikolaou**



Program

14.35-16.35 ROUND TABLE

AVOIDING AND TREATING COMPLICATIONS IN TOTAL HIP ARTHROPLASTY Chairmen: F. Benazzo, J. N. Argenson

Anatomical complications after primary total hip arthroplasty **N. Anastasopoulos**

Instability after THR. What should we know? **V. Bitounis**

Revision total hip arthroplasty. Classification of bone deficits **P. Dionellis**

The principles of acetabular reconstruction in THA J. N. Argenson

The principles of femoral revision in THA

G. Macheras

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Augments, megaprosthesis \otimes impaction grafting in revision THA $\ensuremath{\textbf{E. Tsiridis}}$

The dysplastic hip for THA **F. Benazzo**

Hemiarthroplasty or THA in acute femoral fractures? A. Elmirini

THA in acute femoral neck fractures of the elderly: which fixation? **G. Ioannidis**



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16.35-17.35 **ROUND TABLE REHABILITATION AFTER HIP SURGERY** Moderator: E. Bakas Impact of comorbidity on final outcome of hip surgery A. Illiades Early rehabilitation after hip surgery – levels of weight bearing G. Bikos Biomechanics of hip joint P. Voriotakis Functional rehabilitation and re-education after hip surgery – social integration K. Mihut SYMPOSIUM TKA 17.35-19.10 **CURRENT CHALLENGES IN KNEE ARTHROPLASTY** Chairmen: A. Baldini, G. Macheras The current indications in UKA J. N. Argenson The surgical principles in UKA M. Martinez Balancing the valgus knee F. Benazzo Stiffness in a knee arthroplasty **B.** Chalidis Robotic knee arthroplasty U. Haklar Portable digital navigation systems in knee joint arthroplasty N. Roidis ACL tear-Recon and knee arthritis K. N. Malizos



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19.10-20.10	ROUND TABLE
	MANAGEMENT OF A DIFFICULT KNEE REVISION
	Chairmen: J. N. Argenson, K. N. Malizos
	Management of bone defects in total knee arthroplasty G. Petsatodis
	Knee revision reconstruction using megaprosthesis
	E. Tsiridis
	The principles of revision in TKA
	A. Baldini
	One or two-stage for revision of the infected TKA
	G. Macheras
20.10	OPENING CEREMONY

Welcome Addresses

TBA A. Filippopoulos

Cocktail Reception



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08.00-09.00 ORAL PRESENTATIONS

09.00-09.45 ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW "CLAVICLE FRACTURES" Chairmen: St. Adam, Ch. Sinopidis

Surgical anatomy and biomechanics of the clavicle **Ch. Ferousis**

To plate or not to plate? **F. Potouglidou**

Shortening of the clavicle: The impact on shoulder function **I. Giannaros**

09.45-10.45 ROUND TABLE

ELBOW ARTHROPLASTY Chairmen: P. Givissis, I. Bisbinas

Total elbow arthroplasty **P. Giannakopoulos**

Hemiarthroplasty I. Sarris

Radial head arthroplasty **K. Ditsios**

Proximal humeral fractures: Operative versus non-operative treatment **N. Hawi**

10.45-11.15 Coffee Break



Program

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11.15-12.25	ROUND TABLE FRACTURES OF THE UPPER HUMERUS, THE UNSOLVED PROBLEM
	Chairman: J.C. Feroussis, E. Antonogiannakis
	Classification. Indication for surgical treatment Ch. Chrysanthou
	Plate Fixation-Surgical Technique. Tips and Tricks C. Varvitsiotis
	Intramedullary nailing-Surgical Technique. Tips and Tricks Ch. Sinopidis
	Arthroplasties. Hemi Vs Reverse P. Papadopoulos
	Cases presentation-Discussion J. C. Feroussis
12.25-13.25	ROUND TABLE
	WHAT'S NEW IN PRIMARY TOTAL HIP ARTHROPLASTY Chairmen: V. Bitounis, I. Michos
	New ALMIS anterolateral hip approach using a different table and legs position during femoral exposure; New surgical technique N. Christodoulou
	Direct anterior approach for total hip arthroplasty B. Dogan
	AMIS vs conventional total hip arthroplasty. Advantages-disadvantages D. Koulalis
	Osteointegration of the implants. Beneficial and deleterious factors G. Kapetanos





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13.25-14.10 ROUND TABLE

EVALUATION AND MANAGEMENT OF THE PEDIATRIC FOOT WITH MORE OR FEW RAYS: OLIGODACTYLY OR POLYDACTYLY Chairmen: N. Laliotis, Ch. Topalis

Prenatal diagnosis of foot disorders **A. Athanasiadis**

Polydactyly **D. Karanikas**

Oligodactyly **N. Laliotis**

14.10-15.10 ROUND TABLE

ALL ABOUT FOOT PROBLEMS Chairman: D. Metaxiotis

Ankle fusion **D. Chatziemmanouil**

Hallux Valgus osteotomies, minimally invasive approaches **S. Karrakchou**

Ankle arthroplasty. Indications \otimes technique A. Tolga

Ankle arthroplasty from the greek view **A. Eleftheropoulos**



Program

15.10-16.25 ROUND TABLE

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CURRENT TRENDS IN TOTAL HIP REPLACEMENT Chairmen: K. Kazakos, G. Drosos

MIS versus standard procedures. The current evidence **G. Drosos**

The femoral stem. Current trends **K. Tilkeridis**

Bearings in THR's. Polyethylene the "golden standard" material? **G. Digas**

Periprosthetic hip fractures. **N. Vareltzidis**

The natural course of THR for adult patients following paediatric hip diseases. Do they have inferior results? **D. Kenanidis**

Tribology of head: Size and Material **Th. Koukoubis**



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16.25-17.55 ROUND TABLE

PAEDIATRIC ORTHOPAEDIC SESSION Chairmen: T. Beslikas, D. Metaxiotis

Elbow fractures in children **Ch. Topalis**

Sport injuries in children and adolescents I. Mellas

Management of congenital clubfoot **V. Goulios**

Spondylolysis-spondylosynthesis in children and adolescents **P. Christodoulou**

Osteomyelitis –Septic arthritis in children **M. Petra**

Neglected developemental hip dysplasia. Conservative treatment **T. Beslikas**

Slipped upper femoral epiphysis **Th. Goultidis**

17.55-18.20 Coffee Break



Program

18.20-20.00	ROUND TABLE
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ORTHOPLASTIC APPROACH TO COMPLEX UPPER & LOWER LIMB RECONSTRUCTION CHALLENGES-THE BIRMINGHAM EXPERIENCE Chairmen: A. Nikolaidis, D. Demiri

The complex ankle fracture **E. G. Tarek**

The complex periarticular knee reconstruction challenge **M. Dunbar**

The complex periprosthetic hip trauma and infection –prevention of trouble is better than cure

P. Makrides

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The difficult lower limb trauma and infection from a plastic surgeon's perspective

M. Malachias

Treatment of the mangled hand injury. From a plastic surgeon perspective **D. Demiri**

Atypical femoral fractures – A new epidemic on the horizon – Our management pathway

A. Nikolaidis

20.00-21.00 ROUND TABLE

ROTATOR CUFF SURGERY, IS THERE ALWAYS A SOLUTION? Chairmen: TBA

RC tears, subscap tears in young patients management **I. Bisbinas**

Massive RC tears, treatment algorithm role of inspace balloon **E. Antonogiannakis**

Massive RC tears, the role of superior capsular reconstruction and tendon transfers

Ch. Giannakopoulos

Massive RC tear and arthroplasty options **Emm. Fandrisis**

Present and future in arthroscopic rotator cuff repair **D. Karataglis**



No.

08.00-09.00 ORAL PRESENTATIONS

09.00-10.00 ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW "HIP FRACTURES IN THE ELDERLY" Chairmen: A. Chamseddine, D. Tsitouras

Surgical anatomy and biomechanics of the hip **S. Kanata**

Femoral neck fractures: cannulatedscrewsor DHS? **N. Papoulidis**

Atypical fractures and anti-osteoporotic medication **A. Krexi**

Intertrochanteric fractures: Why does surgery fail? **I. Delniotis**

10.00-10.15 LECTURE

Chairmen: **TBA**

The importance of integrity of the lateral wall in the stability of the inter-trochanteric hip fractures

A. Chamseddine

10.15-11.15 ROUND TABLE

ACETABULAR FRACTURES

Chairmen: Th. Tosounidis, Ch. Bekir

Classification in acetabular fractures **S. Iltar**

Type C pelvic fracture/spinopelvic dissociation **Th. Tosounidis**

Anterior intra pelvic approach for acetabular

B. Alemdaroglu

The new approaches in surgical correction of posttraumatic and congenital pelvic ring complex deformities

A. Vadimovich Gubin



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11.15-11.30	LECTURE
	Chairmen: TBA
	Abdominal ultracound imaging utility in gning injection
	Abdominal ultrasound imaging utility in spine injection J. Inklerbarger
11.30-12.00	Coffee Break
12.00-13.10	ROUND TABLE THE AGING SPINE
	Chairmen: P. Christodoulou, G. Kapetanos
	Biomechanics
	K. Anagnostidis
	Problems and challenges in the aging spine
	E. Christodoulou
	Percutaneous instrumentation for thoracolumbar fractures N. I. Valanos
	Degenerative chandylalisthesis Surgical Treatment
	Degenerative spondylolisthesis. Surgical Treatment S. Kapetanakis
	Laparoscopic fusion with large ALIF cage for high grade spondylosynthesis V. Likomitros
13.10-14.10	ROUND TABLE
	FERTILITY IN MEN FOLLOWING SPINAL CORD INJURY:
	ARE THEY CAPABLE OF BECOMING FATHERS? Chairmen: A. Christodoulou, V. Likomitros
	Spinal cord injury from the orthopaedic view Th. Apostolou
	Spinal cord stimulation-indications in orthopaedics and spinal diseases G. Bara
	Fertility investigation in men with spinal cord injury St. Papaharitou
	The role of science in securing fatherhood to men with spinal cord injury K. Chatzimeletiou



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14.10-14.30	LECTURE
	Chairmen: F. Sayegh, K. Anagnostidis
	The biggest Russian experience of pediatric cervical spine surgery made in one orthopaedic center A. Vadimovich Gubin
14.30-14.50	LECTURE
	Chairmen: F. Sayegh, K. Anagnostidis
	Idiopathic scoliosis. Surgical Treatment An. Christodoulou
14.50-15.05	LECTURE
	Chairmen: F. Sayegh, K. Anagnostidis
	Screw density in spine deformity correction E. Samoladas
15.05-16.25	ROUND TABLE
	CURRENT CONCEPTS IN TREATMENT OF MUSCULOSKELETAL TUMORS Chairmen: D. Demiri, G. Petsatodis
	Local treatment of bone tumors: Current status ${f R}$ future prespectives E. Petsatodis
	Bone & soft tissue sarcomas: Treatment guidelines K. Papavasileiou
	Orthopaedic management of spinal metastases M. Ciftdemir
	The role of medical oncologist in the multidisciplinary approach of a patient with sarcoma disease T. Perdikouri
	Tumors of the hand. Treatment D. Demiri
	Orthopaedic oncology surgery: Is there an end in surgical treatment?



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16.25 -17.35	ROUND TABLE
	LOWER LIMP FRACTURES & TREATMENT
	Chairmen: M. Savvidis, S. Adam
	Subtrohanteric fractures. Types and surgical management
	St. Pellios
	Intramedullary nailing for femoral fractures
	C. Copuroglu
	Distal tibial and/or fibular fractures
	K. Kabbani
	Distal femoral fractures in the elderly. Treatment with internal fixation and
	arthroplasties
	Emm. Liodakis
	Deviewenth stie for stower of longer authors a least o
	Periprosthetic fractures of knee arthroplasty St. Paraschou
	St. Paraschou
17.35-17.50	LECTURE
17.55-17.50	Chairmen: F. Sayegh, K. Tilkeridis
	Chaimen: r. Sayegn, k. mkeriais
	Different Hexapod Platforms-Different peculiarities of orthopaedic Hexapods
	L. N. Solomin
	L. N. Solohim
17.50-18.05	LECTURE
	Chairmen: F. Sayegh, K. Tilkeridis
	Percutaneous fixation of pelvic and acetabular fractures
	Th. Tosounidis



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18.05-18.55 ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW "TIBIAL PLATEAU FRACTURES" Chairmen: G. Ioannidis, St. Pelios

Surgical anatomy and biomechanics of the knee **K. Tsikopoulos**

Ilizarov or not: That's the question **I. Palavos**

Plateau fractures: more than o bone injury **N. Pepis**

TKA's role as a primary operation **M. Xandrinos**

18.55-19.10 LECTURE

Chairmen: **TBA**

Underdiagnosed/misdiagnosed discogenic LBP J. Inklerbarger

19.10-20.10 ROUND TABLE

ALTERNATIVE TREATMENTS TO JOINT DISEASES Chairmen: M. Iosifidis, A. Eleftheropoulos

Platetet rich plasma: Trend or science? **A. Bitzidis**

State of the art in cartilage treatment **M. losifidis**

Plasma rich in platelets and osteoarthritis. Is it a myth? **Ch. Zidrou**

Osseointegration: The role of natural antioxidant **M. Savvidis**



General Information

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Dates and Congress Venue

March 22th-24th 2018 Makedonia Palace Hotel (2 M. Alexandrou Av., 54640, Thessaloniki, Greece, www.makedoniapalace.com)

Official Language

English will be the official language of the Congress and simultaneous translation will not be available.

CME Accreditation

The congress will be accredited with **24** CME credits mutually awarded by the Panhellenic Medical Association.

Certificate of Attendance

According to the National Drug Organization, certificates will be provided after the completion of attendance of 60% of the Scientific Program. Thus, a bar code system will be implemented during the Congress.

Congress Badge

Delegates are obliged to show their congress badge at the entrance of Congress Halls for their attendance time to be registered.

Exhibition

Within the Congress area there will be an exhibition of medical equipment and pharmaceutical products.

Presentations

Available visual equipment for all presentations will be through power point presentation. For power point use, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick and to copy the relevant *files. Use of personal computers will not be feasible.*

Taxis

Taxis are available in front of the airport as well as the hotel entrance.





General Information

Insurance

We cannot accept responsibility for any personal loss, accidents or damages to participants and/ or accompanying persons. Participants are strongly advised to obtain personal insurance to cover any eventuality that may occur during the Congress.

Registration fees

Type of registration	Cost
Specialists	120,00€
Residents	80,00€
Nurses, Undergraduate Students	Free

24% VAT is not included in the above fees

The registration fees for Specialists and Residents include:

- Admission to the congress
- Congress material
- Certificate of attendance
- Admission to the exhibition

The registration fees for Undergraduate Students and Nurses include:

- Admission to the congress
- Certificate of attendance
- Admission to the exhibition

Accommodation

Hotel	Room for single use
Makedonia Palace Hotel	150 €

Rates are daily per room including buffet breakfast. The above rates do not include city tax. City tax must be paid by the client directly to the hotel receptionist upon check out.

For the registration and accommodation form please visit the website: www.globalevents.gr

Congress Secretariat



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