



7th



OMN

Meeting of the International Mediterranean Society of Orthopaedic Surgery

In collaboration with

**Hellenic International
Scientific Institute
Amfiktionies**



**Pan Arab Orthopaedic
Association**



Under the auspices

EUROPEAN HIP SOCIETY



**ORTHOPAEDIC
AND TRAUMATOLOGY
ASSOCIATION OF MACEDONIA
AND THRACE**



FINAL PROGRAM

22-24

March

Makedonia Palace Hotel
Thessaloniki

2018

Welcome Address

Dear colleagues,

Welcome to Thessaloniki for the **7th Meeting of the International Mediterranean Society of Orthopaedic Surgery** that will be held on the **22-24 of March 2018**. Thessaloniki was founded in 315 BC by Cassander of Macedon and is the second largest city of Greece with a long history and rich culture.

Together with the chairman of the International Mediterranean Society of Orthopaedic Surgery, Professor Jean - Noel Argenson, we are eager to present an exciting educational and scientific program combined with extraordinary social events. The academic program includes a wide range of orthopaedic topics that allow every attendant to enjoy the high standard didactic lectures from experienced orthopaedic surgeons that come from Europe, Mediterranean countries as well as different Arabic countries.

This meeting will give the opportunity to the attendees from different countries to meet, share, interchange ideas, and display their own surgical orthopaedic experiences.

Presentations, posters and research papers are encouraged to be presented by orthopaedic surgeons, residents and researches. Awards will be given to the top presentations or research investigators.

Please plan to attend and bring your families, as there will be a great social calendar that allows you to enjoy the sights and sounds of our beautiful city and to experience the worldwide known Greek Mediterranean hospitality.

I am confident that attendees will experience an exciting and interesting academic program and together with their families will appreciate the Greek amenities, the variety of social activities and the welcoming atmosphere.

I look forward seeing you in this 7th meeting of the International Mediterranean Society of Orthopaedic Surgery and I welcome you to Thessaloniki.

Kind Regards

The Chairman of the Meeting
Fares E. Sayegh MD., PhD.
Professor in Orthopaedic
and Musculoskeletal Trauma
Aristotle University
of Thessaloniki, Greece

The President of the
International Mediterranean
Society of Orthopaedic Surgery
Professor **Jean - Noel Argenson** MD., PhD
Hospital Sainte-Marguerite
Marseilles, France



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Committees

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Darwish M.
Karrakchou S.

Scientific Committee

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Galanis N.
Givissis P.
Gkouvas G.
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Kenanidis E.
Kessidis E.
Makris V.

Michail Th.
Michailidis G.
Papadopoulos P.
Papavasiliou K.
Pellios St.
Petsatodis G.
Potoupnis M.
Sarris I.
Topalis Ch.
Tsiridis E.
Tzavellas A.

Ortho Mare Nostrum

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Members: Aramburo F.
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BenGhachem M.
Denaro E.
Jawish R.

Karrakchou S.
Mazloum H.
MBarek M.
Wahbi S.



Program

08.00-09.00 ORAL PRESENTATIONS

HIP AND KNEE

Chairmen: **G. Ioannidis, I. Ntelis**

- 001 TEN YEARS RESULTS ON UKA**
Vlachos J.
Orthopaedic Department, MITERA Hospital, Athens, Greece
- 002 THREE DIFFERENT DOSAGE REGIMENS OF TRANEXAMIC ACID TO REDUCE BLOOD LOSS AFTER TOTAL KNEE ARTHROPLASTY WITHOUT TOURNIQUET: A RANDOMIZED CONTROLLED TRIAL**
Tzatzairis T., Ververidis A., Tilkeridis K., Drosos G., Kazakos K.
Department of Orthopaedic Surgery, Democritus University of Thrace, Alexandroupolis, Greece
- 003 JOINT REPLACEMENT FOR PATELLO-FEMORAL JOINT ARTHRITIS (PFJA)**
Kokkinakis E., **Arapoglou D.,** Vishwanathan S., Harshavardhana N., Akhtar Q. J.
Inverclyde Royal Hospital, Greater Glasgow and Clyde, Scotland, United Kingdom
- 004 CLINICAL RESULTS IN PATIENTS WHO UNDERWENT MEDIAL PIVOT TOTAL KNEE ARTHROPLASTY**
Karavelis A., Pinto I., Ditsios K., Petsatodis D.
1st Orthopaedic Department of Aristotle University of Thessaloniki, Greece
- 005 SURVIVORSHIP ANALYSIS OF UNCEMENTED TOTAL HIP ARTHROPLASTY**
Karavelis A., Pinto I., Ditsios K., Petsatodis D.
1st Orthopaedic Department of Aristotle University of Thessaloniki, Greece
- 006 REHABILITATION OUTCOME IN PATIENTS WITH HIP SURGERY REPAIR, ACCORDING TO AQUATIC THERAPY AND LEVELS OF WEIGHT BEARING, EVALUATED WITH THE USE OF FUNCTIONAL INDEPENDENCE MEASURE (FIM™)**
Pasvantis D., Kolikopoulos F., **Kostikidou A.,** Mitsi P., Georgiadis I., Bakas El.
Euromedica Arogi Rehabilitation Center, Thessaloniki, Greece
- 007 THE IMPACT OF THE LEVELS OF WEIGHT BEARING IN FUNCTIONAL OUTCOME, AS MEASURED BY FUNCTIONAL INDEPENDENCE MEASURE (FIM™) IN PATIENTS WITH HIP SURGERY REPAIR**
Bikos G., Pasvantis D., Gerontaki G., Georgiadis I., Safaridou M., Bakas El.
Euromedica Arogi Rehabilitation Center, Thessaloniki, Greece
- 009 ARTHROSCOPIC KNEE SURGERY USING REGIONAL ANESTHESIA**
Savvidis M.¹, Bisbinas I.¹, **Kitridis D.¹**, Georgiannos D.¹, Kapoutsis D.¹, Konstantinidis A.¹, Chatzopoulos E.², Gkouvas G.¹
¹1st Orthopaedic Department, 424 General Military Hospital, Thessaloniki, Greece
²Anaesthetic Department, 424 General Military Hospital, Thessaloniki, Greece



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09.00-10.00

ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW “DISTAL RADIUS FRACTURES”

Chairmen: **I. Sarris, I. Alafropatis**

Surgical anatomy and biomechanics: the three columns

D. Kitridis

When to plate a distal radius fracture?

E. Cosmas

Why do surgeon fear the dorsal approach?

D. Stamiris

Soft tissue injury: Is it important?

P. Athanasiadou

10.00-10.30

LECTURES

Chairmen: **F. Sayegh, I. Sarris**

10.00-10.15

Is the dorsal approach of the distal radial fractures still useful?

P. Givissis

10.15-10.30

The intra-focal pinning for dorsally displaced distal radial fractures

A. H. Chamseddine

10.30-10.45

LECTURE

Chairmen: **A. Eleftheropoulos, A. Pettas**

Metatarsalgia. Investigation

A. Konstantinidis

10.45-11.30

ROUND TABLE

CHALLENGES IN ORTHOPAEDIC ANESTHESIOLOGY

Chairmen: **E. Gkoutziomitrou, D. Metaxiotis, M. Varveri**

The role of Tranexamic acid in orthopaedic patients hip and knee arthroplasty.

Transfusion, blood loss and the role of tranxaemic acid

V. Chasapidis

Orthopaedic patient positioning and anesthesia

P. Ntouma

Orthopaedic anesthesiology

E. Copuroglu

11.30-12.00

Coffee Break

Thursday, March 22nd 2018



Program

12.00-12.50

ROUND TABLE

PROBLEMS IN THE ELDERLY

Chairmen: **G. Kapetanos, M. Potoupnis**

Risk assessment instruments for screening bone mineral density in a Mediterranean population

S. Christodoulou

Sarcopenia and falls in the elderly

Ch. Zidrou

Biphosphanate fractures

N.H. Aydogan

12.50-13.35

ROUND TABLE

SPORTS MEDICINE

Chairmen: **A. Deligiannis, G. Gkouvas**

Muscle adaptations to exercise in health and disease

K. Dipla

Health consequences of doping substances

N. Koutlianos

Preparticipation screening in athletes

E. Kouidi

13.35-14.35

ROUND TABLE

COMMON KNEE PROBLEMS IN THE YOUNG AGE.

HOW TO MANAGE

Chairmen: **St. Papastergiou, N. Galanis**

Patellofemoral joint, ACL and malalignment

M. Iosifidis

Reconstruction of the PCL

D. Alaseirlis

Medial Patellofemoral Ligament (MPFL), reconstruction with Hamstring tendon

I. Michos

Anterior cruciate ligament functional failure. "Stiffness"

P. Nikolaou



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14.35-16.35

ROUND TABLE

AVOIDING AND TREATING COMPLICATIONS IN TOTAL HIP ARTHROPLASTY

Chairmen: **F. Sayegh, J. N. Argenson**

Anatomical complications after primary total hip arthroplasty
N. Anastasopoulos

Instability after THR. What should we know?

V. Bitounis

Revision total hip arthroplasty. Classification of bone deficits

P. Dionellis

The principles of acetabular reconstruction in THA

J. N. Argenson

The principles of femoral revision in THA

P. Tsailas

Augments, megaprosthesis and impaction grafting in revision THA

E. Tsiridis

The dysplastic hip for THA

E. Tsiridis

Hemiarthroplasty or THA in acute femoral fractures?

A. Elmirini

THA in acute femoral neck fractures of the elderly: which fixation?

G. Ioannidis

16.35-17.35

ROUND TABLE

REHABILITATION AFTER HIP SURGERY

Chairmen: **E. Bakas, S. Sgoutzakos**

Impact of comorbidity on final outcome of hip surgery

A. Iliades

Early rehabilitation after hip surgery - levels of weight bearing

G. Bikos

Biomechanics of hip joint

P. Vorniotakis

Functional rehabilitation and re-education after hip surgery – social integration

K. Mihut

Thursday, March 22nd 2018



Program

17.35–19.10

SYMPOSIUM TKA

CURRENT CHALLENGES IN KNEE ARTHROPLASTY

Chairmen: **G. Drosos, D. Makris**

The current indications in UKA

J. N. Argenson

The surgical principles in UKA

M. Martinez

Balancing the valgus knee

E. Tsiridis

Stiffness in a knee arthroplasty

B. Chalidis

Portable digital navigation systems in knee joint arthroplasty

N. Roidis

ACL tear-Recon and knee arthritis

K. N. Malizos

19.10–20.10

ROUND TABLE

MANAGEMENT OF A DIFFICULT KNEE REVISION

Chairmen: **J. N. Argenson, K. N. Malizos**

Management of bone defects in total knee arthroplasty

G. Petsatodis

Knee revision reconstruction using megaprosthesis

E. Tsiridis

One or two-stage for revision of the infected TKA

P. Tsailas

20.10

OPENING CEREMONY

Welcome Addresses

Priceless treasures of Greece away from their homeland

A. Filippopoulos

21.15

Cocktail Reception

Thursday, March 22nd 2018



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08.00-09.00

ORAL PRESENTATIONS

MISCELLANEOUS ORTHOPAEDIC PROBLEMS

Chairmen: **H. Bekir, A. Eleftheropoulos, V. Goulios**

011

A DIAGNOSTIC CHALLENGE: FUNCTIONAL SCOLIOSIS; 4 DIFFERENT ETIOLOGIES

Aladag Ciftdemir N.¹, Colbe A.S., **Ciftdemir M.**²

¹Department of Pediatrics, Trakya University, School of Medicine, Edirne, Turkey

²Department of Orthopaedics and Traumatology, Trakya University, School Medicine, Edirne, Turkey

012

MAFFUCI SYNDROME WITH TIBIA FRACTURE: CASE REPORT

Erem M., **Selcuk E.**, Ciftdemir M.

Department of Orthopaedics and Traumatology, Trakya University, School of Medicine, Edirne, Turkey

013

IDIOPATHIC CHONDROLYSIS OF THE HIP IN ADOLESCENT, CASE REPORT

Kabbani Kh., **Papadopoulos D.**, Papageorgiou Ch.

University Hospital of Ioannina, Ioannina, Greece

014

THE MODIFIED HOFFMANN-DAIMLER FUNCTIONAL METHOD FOR THE TREATMENT OF LATE PRESENTING DEVELOPMENTAL DYSPLASIA OF THE HIP

Papadimitriou N. G.¹, **Delniotis I.**⁴, Xinias I.², Trachana M.³, Siopis C.⁴, Fofoulas E. I.⁴

¹2nd University Department of Orthopaedics, G. Genimatas University Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

²3rd University Department of Pediatrics, Hippokration General Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

³1st University Department of Pediatrics, Hippokration General Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

⁴Orthopaedic Department, Hippokration General Hospital, Thessaloniki, Greece

015

ANATOMICAL OBSTACLES THAT RENDER IMPOSSIBLE THE CONSERVATIVE TREATMENT OF DEVELOPMENTAL DYSPLASIA OF THE HIP

Chitas K.¹, Syrikas I.¹, Katsimentzas T.¹, Tselios A.¹, Beslikas T.¹, Pazarlis K.²

¹2nd Orthopaedic Department, Aristotle University of Thessaloniki, General Hospital of G. Gennimatas, Greece

²Orthopaedic Surgeon, Thessaloniki, Greece

017

CHRONIC RECURRENT MULTIFOCAL OSTEOMYELITIS IN N. GREECE: A RARE BUT EXISTING PEDIATRIC AUTOINFLAMMATORY DISEASE

Trachana M.¹, Pratsidou-Gertsis P.¹, Anastasiou A.², Papadimitriou E.¹, Papadimitriou N. G.³, Karatza E.⁴, Roilides E.⁴

¹Pediatric Immunology and Rheumatology Referral Center, 1st Department of Pediatrics, Aristotle University of Thessaloniki, Thessaloniki, Greece

²Department of Radiology, Hippokration General Hospital, Thessaloniki, Greece

³Department of Orthopedics, Hippokration General Hospital, Thessaloniki, Greece

⁴3rd Department of Pediatrics, Aristotle University of Thessaloniki,

Hippokration General Hospital, Thessaloniki, Greece

Friday, March 23rd 2018



Program

- 018 NUTRITIONAL SUPPLEMENTATION HABITS AMONG ELITE AND AMATEUR ATHLETES. A CROSS-SECTIONAL STUDY PERFORMED IN 1518 ATHLETES**
Michail T., Tzavellas An., Papavasiliou K., Tsiridis E., Potoupnis M., Sarris I., Sayegh F.
3rd Orthopaedic Department, Aristotle University of Thessaloniki, Papageorgiou General Hospital, Thessaloniki, Greece
- 019 ARTHROSCOPIC TIBIOTALOCALCANEAL FUSION: SURGICAL TECHNIQUE AND EARLY RESULTS IN 12 CASES**
Gkoumousian K., Chitas K., Polyzos A., Giannaros I. Eleftheropoulos A.
Naousa General Hospital, Naousa, Greece
- 020 ADULT RIGID CAVUS VARUS FOOT TREATMENT – A CASE OF MULTIPLE CONCOMITANT SURGICAL PROCEDURES**
Paiva F., Carvalho A., Pinto L., Nelas J., Vaz MR., Pina G.
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- 021 TARSAL COALITION: DO WE HAVE PREDICTABLE RESULTS IN SURGICAL TREATMENT**
Simões N., Gonçalves Z., Paiva F., Martins C., Pinho S., Sousa M.
Centro Hospitalar Tondela-Viseu, Viseu, Portugal
- 022 SUBTALAR ARTHROEREISIS: A SURGICAL ALTERNATIVE IN THE FLAT FOOT**
Simões N., Gonçalves Z., Vaz M., Pinto L., Pereira D., Pinho S., Sousa M.
Centro Hospitalar Tondela-Viseu, Viseu, Portugal

09.00-09.45

ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW “CLAVICLE FRACTURES”

Chairmen: **Ch. Sinopidis, St. Adam**

Surgical anatomy and biomechanics of the clavicle

Ch. Feroussis

To plate or not to plate?

F. Poutoglidou

Shortening of the clavicle: The impact on shoulder function

I. Giannaros



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09.45-10.45 **ROUND TABLE**

ELBOW ARTHROPLASTY

Chairmen: **P. Givissis, I. Bisbinas**

Total elbow arthroplasty

P. Giannakopoulos

Hemiarthroplasty

I. Sarris

Radial head arthroplasty

K. Ditsios

Proximal humeral fractures: Operative versus non-operative treatment

N. Hawi

10.45-11.15 **Coffee Break**

11.15-12.25 **ROUND TABLE**

FRACTURES OF THE UPPER HUMERUS. THE UNSOLVED PROBLEM

Chairmen: **J.C. Feroussis, E. Antonogiannakis**

Classification. Indication for surgical treatment

Ch. Chrysanthou

Plate fixation-Surgical technique. Tips and tricks

D. Varvitsiotis

Intramedullary nailing-Surgical technique. Tips and tricks

Ch. Sinopidis

Arthroplasties. Hemi Vs Reverse

P. Papadopoulos

Cases presentation-Discussion

J. C. Feroussis



Program

12.25-13.25 ROUND TABLE

WHAT'S NEW IN PRIMARY TOTAL HIP ARTHROPLASTY

Chairmen: **V. Bitounis, E. Tsiridis**

New ALMIS anterolateral hip approach using a different table and legs position during femoral exposure; New surgical technique

N. Christodoulou

Direct anterior approach for total hip arthroplasty

B. Dogan

AMIS vs conventional total hip arthroplasty. Advantages-disadvantages

D. Koulalis

Osteointegration of the implants. Beneficial and deleterious factors

G. Kapetanios

13.25-14.10 ROUND TABLE

EVALUATION AND MANAGEMENT OF THE PEDIATRIC FOOT WITH MORE OR FEW RAYS: OLIGODACTYLY OR POLYDACTYLY

Chairmen: **N. Laliotis, Ch. Topalis**

Prenatal diagnosis of foot disorders

A. Athanasiadis

Polydactyly

D. Karanikas

Oligodactyly

N. Laliotis

14.10-15.10 ROUND TABLE

ALL ABOUT FOOT PROBLEMS

Chairmen: **D. Metaxiotis, M. Kyrkos**

Ankle fusion

D. Hatzimmanouil

Hallux valgus osteotomies, minimally invasive approaches

S. Karrakchou

Ankle arthroplasty. Indications and technique

T. Atay

Ankle arthroplasty from the greek view

A. Eleftheropoulos

Osteochondral lesions of the talus. Surgical treatment

D. Georgiannos



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15.10-16.25 ROUND TABLE

CURRENT TRENDS IN TOTAL HIP REPLACEMENT

Chairmen: **K. Kazakos, G. Drosos**

MIS versus standard procedures. The current evidence

G. Drosos

The femoral stem. Current trends

K. Tilkeridis

Bearings in THR's. Polyethylene the "golden standard" material?

G. Digas

Periprosthetic hip fractures

N. Varelzidis

The natural course of THR for adult patients following paediatric hip diseases.

Do they have inferior results?

E. Kenanidis

Tribology of head: Size and material

Th. Koukoupis

16.25-17.55 ROUND TABLE

PAEDIATRIC ORTHOPAEDIC SESSION

Chairmen: **T. Beslikas, D. Metaxiotis**

Elbow fractures in children

Ch. Topalis

Sports injuries in children and adolescents

I. Melas

Management of congenital clubfoot

V. Goulios

Spondylolysis–spondylosynthesis in children and adolescents

P. Christodoulou

Osteomyelitis –Septic arthritis in children

M. Petra

Neglected developmental hip dysplasia. Conservative treatment

T. Beslikas

Slipped upper femoral epiphysis

Th. Goultidis

17.55-18.20 Coffee Break



Program

18.20-20.00

ROUND TABLE

ORTHOPLASTIC APPROACH TO COMPLEX UPPER AND LOWER LIMB RECONSTRUCTION CHALLENGES-THE BIRMINGHAM EXPERIENCE

Chairmen: **A. Nikolaidis, G. A. Spyropoulou**

Posterior malleolus and fragility ankle fracturesm

T. E. El Gamal

The complex periprosthetic knee reconstruction challenge

M. Dunbar

The complex periprosthetic hip trauma and infection –prevention of trouble is better than cure

P. Makrides

Difficult lower limb infection in joint replacements and trauma to the lower limb from a plastic surgeon's point of view

M. Malahias

Treatment of the mangled hand injury. From a plastic surgeon perspective

G. A. Spyropoulou

Atypical femoral fractures – A new epidemic on the horizon – Our management pathway

A. Nikolaidis

20.00-21.00

ROUND TABLE

ROTATOR CUFF SURGERY, IS THERE ALWAYS A SOLUTION?

Chairmen: **I. Sarris, P. Papadopoulos**

RC tears, subscap tears in young patients management

I. Bisbinas

Massive RC tears, treatment algorithm role of inspace balloon

E. Antonogiannakis

Massive RC tears, the role of superior capsular reconstruction and tendon transfers

Ch. Yiannakopoulos

Massive RC tear and arthroplasty options

Em. Fandridis

Present and future in arthroscopic rotator cuff repair

D. Karataglis

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08.00-09.00 ORAL PRESENTATIONS

ORTHOPAEDIC TRAUMA

Chairmen: **A. Papavasiliou, N. Varelzidis**

023 TREATMENT OF PATHOLOGICAL FRACTURES OF THE PROXIMAL HUMERAL METAPHYSIS SECONDARY TO BENIGN BONE CYSTIC LESIONS

Pavlopoulos C., Anagnostou A., Vergi V., Nenopoulos A., Kallivokas A., Beslikas T.
2nd Orthopaedic Department, Aristotle University of Thessaloniki,
G. Gennimatas General Hospital of Thessaloniki, Greece

024 THE PULSELESS SUPRACONDYLAR HUMERAL FRACTURE: CASE-SERIES AND EARLY RESULTS

Delniotis I.¹, Gavriilidou A.², Potoupnis M.³, Tsiridis E.³, Saloupis P.¹, Ktenidis K.²
¹Department of Orthopaedic Surgery, Hippokration General Hospital, Thessaloniki, Greece
²Department of Vascular Surgery, AHEPA University Hospital, Aristotle University of Thessaloniki, Greece
³3rd Department of Orthopaedic Surgery, Papageorgiou General Hospital, Aristotle University of Thessaloniki, Greece

025 CONSERVATIVE TREATMENT OF DISTAL HUMERUS FRACTURES IN THE ELDERLY
Lemsanni M., Najeb Y.

Department of Orthopaedic Surgery and Traumatology, University Hospital Ibn Tofail, Marrakesh, Morocco

026 SURGICAL TREATMENT OF RADIAL HEAD FRACTURES

Sarvanis I., Assadis V., Kyparlis D., Chliapas S.
Orthopaedic Department, General Hospital of Kozani, Greece

027 SURGICAL TREATMENT OF OLECRANON FRACTURES IN THE IMMATURE SKELETON. OUR EXPERIENCE OVER A 5-YEAR PERIOD

Gekas C., **Arapoglou D.**, Tsantekidis D., Saloupis P., Papatanasasiou A., Dionellis P., Foufoulas E. I.
Department of Orthopaedics, Hippokration General Hospital of Thessaloniki, Greece

028 PERITALAR DISLOCATION: MID-TERM CLINICAL, RADIOLOGICAL AND PEDOGRAFIC RESULTS

Konstantinidis A.¹, Savvidis M.¹, **Markopoulos G.**², Eleftheropoulos A.³, Gkouvas G.¹
¹1st Orthopaedic Department, 424 General Military Hospital, Thessaloniki, Greece
²2nd Orthopaedic Department, Papageorgiou General Hospital, Thessaloniki, Greece
³Orthopaedic Department, Naoussa General Hospital, Greece

029 ACETABULAR FRACTURES: A SERIES OF 14 CASES

Simões N., Gonçalves Z., Pina G., Borralho N., Pereira D., Agostinho F., Sousa M.
Centro Hospitalar Tondela-Viseu, Viseu, Portugal



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- 032** **“INTERNAL BRACE”. A HYBRID - ENDOSCOPIC TYPE OF TREATMENT FOR ACUTE ACHILLES TENDON RUPTURES**
Polyzos A., Chitas K., Gkoumousian K., Giannaros I., Eleftheropoulos A.
 Naousa's General Hospital, Naousa, Greece
- 033** **ARTHROSCOPIC REPAIR OF MASSIVE ROTATOR CUFF TEARS IN MID-TERM FOLLOW UP**
Avramidis G., Brilakis E., Antonogiannakis E.
 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
- 034** **LONG-TERM OUTCOMES OF ARTHROSCOPIC REMPLISSAGE FOR THE MANAGEMENT OF RECURRENT ANTERIOR SHOULDER INSTABILITY**
Brilakis E., Avramidis G., Antonogiannakis E.
 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
- 035** **LATERAL ELBOW PAIN. DIFFERENTIAL DIAGNOSIS AND TREATMENT ALGORITHMS. THE ROLE OF ELBOW ARTHROSCOPY**
Koukos, Ch.¹, Neuhaeuser Ch.¹, Christodoulou, E.², Denkhau U.¹, Schuchard Ch.¹, Roslawski L.¹
¹Sportklinik Duisburg, Germany
²Vinzenz Hospital Düsseldorf, Germany

09.00-10.00

ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW “HIP FRACTURES IN THE ELDERLY“

Chairmen: **A. H. Chamseddine, D. Tsitouras, I. Petrakis**

Surgical anatomy and biomechanics of the hip

S. Kanata

Femoral neck fractures: Cannulated screws or DHS?

N. Papoulidis

Atypical fractures and anti-osteoporotic medication

A. Krexi

Intertrochanteric fractures: Why does surgery fail?

I. Delniotis

10.00-10.15

LECTURE

Chairmen: **A. Nikolaidis, B. Chalidis**

The importance of integrity of the lateral wall in the stability of the inter-trochanteric hip fractures

A. H. Chamseddine



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10.15-11.15 **ROUND TABLE**

ACETABULAR FRACTURES

Chairmen: **Th. Tosounidis, H. Bekir**

Classification in acetabular fractures

C. Yalin Kilingç

Type C pelvic fracture/spinopelvic dissociation

Th. Tosounidis

Anterior intra pelvic approach for acetabular

B. Alemdaroglu

The new approaches in surgical correction of posttraumatic and congenital pelvic ring complex deformities

A. Vadimovich Gubin

11.15-11.30 **LECTURE**

Chairmen: **V. Likomitros, E. Petsatodis**

Transabdominal imaging of the lumbar spine with portable ultrasound

J. Inklebarger

11.30-12.00 **Coffee Break**

12.00-13.10 **ROUND TABLE**

THE AGING SPINE

Chairmen: **G. Kapetanos, P. Christodoulou**

Biomechanics

K. Anagnostidis

Problems and challenges in the aging spine

E. Christodoulou

Percutaneous instrumentation for thoracolumbar fractures

N. I. Valanos

Degenerative spondylolisthesis. Surgical treatment

S. Kapetanakis

Laparoscopic fusion with large ALIF cage for high grade spondylosynthesis

V. Likomitros

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13.10-13.25

LECTURE

Chairman: **K. Anagnostidis**

Chronic orthopaedic pain patients: Treatment with neuromodulation
G. Bara

13.25-13.40

LECTURE

Chairman: **N. Galanis**

Underdiagnosed/misdiagnosed discogenic LBP
J. Inklebarger

13.40-14.25

ROUND TABLE

**FERTILITY IN MEN FOLLOWING SPINAL CORD INJURY:
ARE THEY CAPABLE OF BECOMING FATHERS?**

Chairmen: **A. Christodoulou, V. Likomitros**

Biomechanical viewpoint of spinal cord injury.

V. Panoutsakopoulos

Spinal cord injury from the orthopaedic view

Th. Apostolou

Fertility investigation in men with spinal cord injury

St. Papaharitou

The role of science in securing fatherhood to men with spinal cord injury

K. Chatzimeletiou

14.25-15.15

LECTURES

Chairmen: **G. Kapetanos, F. Sayegh, K. Anagnostidis**

14.25-14.45

The biggest Russian experience of pediatric cervical spine surgery made in one orthopaedic center

A. Vadimovich Gubin

14.45-15.00

Idiopathic scoliosis. Surgical treatment

A. Christodoulou

15.00-15.15

Screw density in spine deformity correction

E. Samoladas

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15.15-16.40 **ROUND TABLE**

CURRENT CONCEPTS IN TREATMENT OF MUSCULOSKELETAL TUMORS

Chairmen: **G. Petsatodis, E. Demiri**

Local treatment of bone tumors: Current status and future perspectives

E. Petsatodis

Bone and soft tissue sarcomas: Treatment guidelines

K. Papavasiliou

Orthopaedic management of spinal metastases

M. Ciftdemir

Tumors of the hand. Treatment

E. Demiri

Orthopaedic oncology surgery: Is there an end in surgical treatment?

K. Tsanidis

16.40 -17.50 **ROUND TABLE**

LOWER LIMP FRACTURES AND TREATMENT

Chairmen: **M. Savvidis, S. Adam**

Subtrochanteric fractures. Types and surgical management

St. Pellios

Intramedullary nailing for femoral fractures

C. Copuroglu

Distal tibial and/or fibular fractures

K. Kabbani

Distal femoral fractures in the elderly. Treatment with internal fixation and arthroplasties

Em. Liodakis

Periprosthetic fractures of knee arthroplasty

St. Paraschou

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LECTURES

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17.50-18.05

Different hexapod platforms-Different peculiarities of orthopaedic hexapods
L. N. Solomin

18.05-18.20

Percutaneous fixation of pelvic and acetabular fractures
Th. Tosounidis

18.20-19.10

ROUND TABLE

WHAT SHOULD AN ORTHOPAEDIC RESIDENT KNOW "TIBIAL PLATEAU FRACTURES"

Chairmen: **G. Ioannidis, St. Pellios**

Surgical anatomy and biomechanics of the knee

A. N. Tzavellas

Ilizarov or not: That's the question

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Plateau fractures: More than a bone injury

N. Pepis

TKA after a tibial plateau fracture

M. Chandrinos

19.10-20.10

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ALTERNATIVE TREATMENTS TO JOINT DISEASES

Chairmen: **M. Iosifidis, A. Eleftheropoulos**

Platelet rich plasma: Trend or science?

A. Bitzidis

State of the art in cartilage treatment

M. Iosifidis

Plasma rich in platelets and osteoarthritis. Is it a myth?

Ch. Zidrou

Osseointegration: The role of natural antioxidants

M. Savvidis

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³Orthopaedic Department of Hippokration General Hospital, Thessaloniki, Greece

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¹2nd University Orthopaedic Clinic, G. Genimatas Hospital Aristotle University, Thessaloniki, Greece

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¹Blackpool Victoria Hospital, UK

²School of Medicine, University of Central Lancashire

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¹University General Hospital of Alexandroupolis, Orthopaedic Department, Greece

²University General Hospital of Alexandroupolis, Vascular Department, Greece

P06 A RARE CASE OF OSTEOID OSTEOMA OF CALCANEUS TREATED WITH CT-GUIDED PERCUTANEOUS RADIOFREQUENCY ABLATION

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¹University General Hospital of Alexandroupolis, Orthopaedic Department, Greece

²University General Hospital of Alexandroupolis, Department of Radiology and Medical Imaging, Greece

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General Information

Dates and Congress Venue

March 22th-24th 2018

Macedonia Palace Hotel

(2 M. Alexandrou Av., 54640, Thessaloniki, Greece, www.makedoniapalace.com)

Official Language

English is the official language of the meeting and simultaneous translation is not available.

CME Accreditation

The meeting is accredited with **24** CME credits mutually awarded by the Panhellenic Medical Association.

Certificate of Attendance

According to the National Drug Organization, certificates will be provided after the completion of attendance of 60% of the Scientific Program. Thus, a bar code system will be implemented during the Meeting. Certificates will be provided on **March 24th 2018**.

Congress Badge

Delegates are obliged to show their congress badge at the entrance of Congress Halls for their attendance time to be registered.

Exhibition

Within the meeting area there is an exhibition of medical equipment and pharmaceutical products.

Presentations

Available visual equipment for all presentations will be through power point presentation. For power point use, your presence to the “technical reception desk” is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick and to copy the relevant files. *Use of personal computers will not be feasible.*

General Information

Insurance

We cannot accept responsibility for any personal loss, accidents or damages to participants and/ or accompanying persons. Participants are strongly advised to obtain personal insurance to cover any eventuality that may occur during the Congress.

Registration fees

Type of registration	Cost
Specialists	120,00€
Residents	80,00€
Nurses, Undergraduate Students	Free

24% VAT is not included in the above fees

The registration fees for Specialists and Residents include:

- Admission to the congress
- Congress material
- Certificate of attendance
- Admission to the exhibition

The registration fees for Undergraduate Students and Nurses include:

- Admission to the congress
- Certificate of attendance
- Admission to the exhibition

Meeting Secretariat



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