

COURSE STRUCTURE

Course Name	Post Graduate Diploma in Guidance and Counselling (PGDGC)	Duration	One Year
Mode	Distance Learning Program (DLP) with Live Instructor-led Online Classes	Intake	Winter 2023
Fee	USD 385 all inclusive per candidate residing outside the Indian territory	Last Date	October 10, 2023

Component	A. Self Learning Modules (SLM) and Assignments	
Code No.	Title	Dispatch of Study Material
GCM-011	Introduction to Guidance and Counselling	
GCM-012	Counselling Skills and Techniques	Candidates will get the complete
GCM-013	Career Guidance – Theory and Practice	set of SLM on receipt of their
GCM-014	Guidance for Developing Positive Mental Health	duly filled in Application form
GCM-015	Adolescence Education and Life Skills Development	along with the course fee
GCM-016	Guidance and Counselling for Special Groups	

Component B. Instructor-led Online Classes

Number of Classes	Five days of Instructor-led Online Classes (on Sundays)						
Timings	10:00 am to 3:00 pm Indian Standard Time (for All the Five Days)						
Date and Topic	Coverage						
Day 1 November 26, 2023 (Sunday) Introduction to Guidance and Counselling	 What is Guidance What is Counselling The Role of Teachers as Counsellors Fundamentals of Counselling Counselling Skills and Attitudes Qualities of an Effective Counsellor Ethical Issues in Counselling 						
Day 2 December 3, 2023 (Sunday) Fundamentals of Psychological Testing	 Myths and Misconceptions about Psychological Testing Types of Psychological Tests used in school setting (e.g. Intelligence, Aptitude, Interest, Personality etc) Administration, Scoring and Interpretation of Psychological Tests Ethical Issues in the use of Psychological Tests 						
Day 3 December 10, 2023 (Sunday) Career Guidance – Theory and Practice	 What is Career Counselling Career Guidance and Career Counselling Career Counselling vs Career Information Scientific Process of Career Planning Collection, Classification and Dissemination of Career Information 						
Day 4 December 17, 2023 (Sunday) Learning Problems – Identification and Management	 What are Learning Problems Causes of Learning Problems Intellectual Disability and Learning Disability Early Identification of Learning Problems Guidance and Counselling approach to Managing Learning Problems 						
Day 5 December 24, 2023 (Sunday) Behavior Problems - Causes, Prevention and Remediation	 What Constitutes Problem Behavior Causes of Behavior Problems – Genetic vs Early Childhood Experiences Prevention and Management of Behavior Problems Strategies for Managing Severely Disruptive Behavior Case Studies on Behavior Problems 						

Component C. Open Book Written Examination and Viva Voce

Nature	Online (Descriptive)	
Duration	Written Examination	Two Days (Four Papers)
Duration	Viva Voce	30 minutes



INSTITUTE OF COUNSELLOR TRAINING RESEARCH AND CONSULTANCY (ICTRC) PGDGC DEPUTATION FORM

	Details																								
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