**“Sea, Health and Beauty” Festival**

Varna, 19 – 21 May 2017

Preliminary programme

* **Poster scientific session**

Presentation of innovative discoveries related to the sea and long-standing research of lecturers and students from different medical universities.

* **Exhibition of past and present photos of sites emblematic for Varna**

Presentation of a photo exhibition which will compare the charm and spirit of old Varna with the present European vision of iconic places of the maritime capital.

* **Thalassotherapy for face and body - “The Power of the Sea in Favor of Beauty**

The sea brings joy not only to the soul, but also to the skin. Enjoy SPA procedures with seawater and cosmetic products with marine ingredients prepared especially for you by the students of MU-Varna.

* **First steps in water sports (kayak)**

The sea provides many opportunities for extreme adventures. The participants will have the chance to learn their first lessons in kayak from the best instructors in Varna.

* **Competition for hand made objects and ornaments made of marine materials**

The sea inspires! There are many writers, painters, poets, sculptures and artists who have dedicated their lives to the infinite blue sea. The workshop for creative people in the framework of the Festival will welcome anyone who wishes to make objects and ornaments from shells, mussels, seaweed and golden sand while the qualified jury will award the best creations.

* **Demonstration in water rescue in sea accidents**

The sea hides its risks. To feel in your own waters, join the demonstration of the professional sea rescue teams and learn more about the techniques which you can use in risky situations at sea.

* **Water diving**

Immerse yourselves in the depths of the sea world and discover the beauty of the underwater flora and fauna. After the demonstration of the beginning divers, under the supervision of experienced instructors you will be able to observe the measuring of their physiological indicators and the changes occurring after deep water diving.